

Summer Menu

Week 5

Week Ending

	Morning tea	Lunch	Afternoon tea
Monday	<ul style="list-style-type: none">English muffin with melted cheese and tomatoMilk/water	<ul style="list-style-type: none">Beef burger with apple slaw Tomato relish, carrot, eggBread and butterWater	<ul style="list-style-type: none">Fruit salad & yogurtMilk/water
Tuesday	<ul style="list-style-type: none">Mixed cereals- (Weetbix or cornflakes) with milkMilk/water	<ul style="list-style-type: none">Roasted vegetables couscous salad with fetta, pumpkin, cauliflowerBread and butterWater	<ul style="list-style-type: none">Fruit platter & cheeseMilk/water
Wednesday	<ul style="list-style-type: none">Raisin toastMilk/water	<ul style="list-style-type: none">Chicken and dumpling with peas, carrot, mushroom, cheeseBread and butterWater	<ul style="list-style-type: none">Fruit platterMilk/water
Thursday	<ul style="list-style-type: none">Salada cracker with cream cheese, jam & vegemiteMilk/water	<ul style="list-style-type: none">Beef broccoli stir fry with brown riceBread and ButterWater	<ul style="list-style-type: none">Fruit platter & cheeseMilk/water
Friday	<ul style="list-style-type: none">Spiced pear cakeMilk/water	<ul style="list-style-type: none">Platter of assorted sandwichesWater	<ul style="list-style-type: none">Fruit and vegetable platter with tzatzikiMilk/water