

Summer Menu

Week 1

Week Ending

	Morning tea	Lunch	Afternoon tea
Monday	<ul style="list-style-type: none">▪ Fruit salad yoghurt▪ Milk/water	<ul style="list-style-type: none">▪ Platter of assorted sandwiches▪ Water	<ul style="list-style-type: none">▪ Fruit and vegetable platter with tzatziki▪ Milk/water
Tuesday	<ul style="list-style-type: none">▪ Banana blueberry loaf With spiced ricotta▪ Milk/water	<ul style="list-style-type: none">▪ Spaghetti Bolognese with beef, cheese and vegetables▪ Bread and butter▪ Water	<ul style="list-style-type: none">▪ Fruit platter▪ Milk/water
Wednesday	<ul style="list-style-type: none">▪ Wholemeal toast with jam or vegemite▪ Milk/water	<ul style="list-style-type: none">▪ Mushroom, cauliflower, green peas, cheese & lentil quiche▪ Fresh garden salad▪ Bread and butter▪ Water	<ul style="list-style-type: none">▪ Fruit platter and custard▪ Milk/water
Thursday	<ul style="list-style-type: none">▪ Mixed cereals (Weetbix or cornflakes) with milk.▪ Milk/water	<ul style="list-style-type: none">▪ Chicken Caesar pasta salad with tomato, parmesan, avocado▪ Bread and Butter▪ Water	<ul style="list-style-type: none">▪ Fruit salad yogurt▪ Milk/water
Friday	<ul style="list-style-type: none">▪ Fruit and Salada Pizza▪ Milk/water	<ul style="list-style-type: none">▪ Beef and veggie rissoles with mashed potato▪ Bread and butter▪ Water	<ul style="list-style-type: none">▪ Fruit platter & cheese▪ Milk/water